

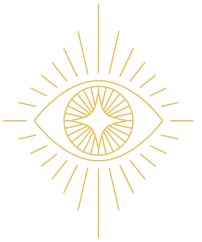


# WILD MEDICINE ACADEMY

CONNECTING YOU DEEPLY TO THE INTELLIGENCE OF PLANTS

Welcome to

# ELIXIRS



*a journey into  
medicine  
making*

16 UNITS OF LECTURES, VIDEO, RECIPE DEMOS, MONOGRAPHS, PRINTABLES & MORE

Get your herb-loving heart ready for a delicious dive into the world of elixirs? We are taking you on a journey into plant medicine, psycho-active herbs, alchemy, ritual and materia medica. In 16 modules infused with beauty and insight, you will make a range of medicinal elixirs and learn not only the basics of elixir making, but the scientific, symbolic and formulatory nuances of this ancient herbal practice, culminating in the preparation of a sacred herbal elixir. Steep yourself in the medicinal and personal transformation brought to life by this ancient herbal art! Available only at Wild Medicine Academy.

[www.wildmedicineacademy.com](http://www.wildmedicineacademy.com)

## VISIONARY HERBAL MEDICINE

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# COURSE OUTLINE

We begin with the history of elixir making, mythology and alchemy to establish the ancient origins of this herbal preparation. We then move into the basics of herbal medicine manufacture complete with detailed video demonstrations for each recipe. In latter modules we delve into materia medica, alchemy and ritual, and explore diversifying and refining the process to develop elixir mastery. This course covers the basics of herbal manufacture for beginners and is suitable for all levels.

Modules: 4

Units: 16

Course Weight: 32

Hr/wk: 2

Level: All

## Learning Goals

By the completion of this course you will be able to:

- Make simple and complex elixirs including alcohol-free types
- Describe and discuss the ancient, modern and contemporary approaches to elixir making
- Prepare, label and dose your elixirs safely with a sound level of manufacturing practice
- Understand the transformative process of making herbal medicines from a practical as well as a spiritual perspective

Beginners will love:

- The coverage of the history of herbalism
- The comprehensive materia medica
- The extensive and detailed information on herbal manufacturing equipment
- The step by step video instructionals

Everybody will love:

- The beautiful booklets, recipe cards and downloadables
- The recipes!!!
- The discounts beyond wholesale with suppliers
- The depth of information and inspiration
- Delving into alchemy and spiritual aspects of herbalism



## Curriculum

### Module One: Origins of the Elixir (4 Units)

- *Ancient Origins: The Mythical Elixir* takes you into the mythical narrative behind ancient elixirs and plants used in them
- *Soma, Haoma & Psychoactive Herbs* explores and analyses plants used in psychoactive medicines
- *The Alchemical Elixir* provides detailed explanation of ancient alchemical practices and their role in elixir making
- *The Modern Elixir* brings you to present day elixir making, highlighting the choices open to you in your elixir formulating informed by knowledge of the major elixir traditions of the world

### Module Two: Origins of the Elixir (4 Units)

- *Preparation of an Elixir* details the herbal manufacture process, manufacturing practice and solvent basics
- *Making Alcoholic Elixirs* describes the process of making an elixir with alcohol based solvent with video demonstration
- *Milk & Honey Elixirs* describes the process of making an alcohol free elixir with video demonstration
- *Dosages, Actions & Reflections* is essential for all budding medicine makers and covers safety with dosage, herbal actions and more
- This unit includes recipe cards and colour label printables

### Module Three: Manufacturing & Monographs (4 Units)

- This module is rich in recipes and practical application of the skills developed in Modules 1 and 2
- Focus on consistency in manufacture skills
- You create elixirs in each of the four units complete with dedicated herbal monographs for featured herbs
- Three detailed Elixir recipes, video demonstrations and more
- Incorporation of practices to increase Elixir potency
- Six comprehensive herbal monographs
- Reflective activities to support the transformative process
- This unit includes recipe cards and colour label printables

### Module Four: Elixir Mastery (4 Units)

- The final module is the culmination of elixir making skill taking you beyond the standard elixir making process, incorporating alchemy and transformation
- A detailed and immersive ritual elixir recipe, video demonstration, herbal monograph and discussion of uses and applications of a ritual elixir
- Incorporation of practices to enhance elixir flavour and complexity
- Recipe card and colour label printables
- Exploration of the qualities of a master elixir maker

Sign up at our website [www.wildmedicineacademy.com](http://www.wildmedicineacademy.com)

Contact us: [hello@wildmedicineacademy.com](mailto:hello@wildmedicineacademy.com)